

EMERGENCY CALLS

Name _____ Phone number _____

Emergency911

Tel-Aide450-377-0600

Tel-Jeunes (24 hres/7 jrs)1-800-263-2266

Jeunesse J'écoute1-800-668-6868

Le Tournant450-371-4090
(crisis intervention service
24 hours/7 days)1-866-277-3553

Drugs "Help & Referral"1-800-265-2626
(24 hours/7 days)

Gambling "Help & Referral" .1-800-461-0140

OUTREACH STREETWORKERS ..450-370-2420

Youth Protection Services ..1-800-361-5310

Quebec anti-poison control ..1-800-463-5060

Suicide Prevention1-514-723-4000
(24 hours/7 days) (Collect call accepted)

Police450-310-4141

S.O.S. Violence1-800-363-9010
(24 hours/7 days)

As a youth, I have rights but I also have responsibilities

If I am questioned by the police :

I don't have to tell them anything.

If I am arrested :

1. They must give me the reason.
2. I have to identify myself.
3. I have the right to consult a lawyer without any delay and they have to inform me of this right. If I give up this right, I have to do it in writing.
4. I also have the right to consult my parents or in the case of their absence, I have the right to consult an adult.
5. They cannot oblige me to write or say anything.
6. They cannot threaten me to say or write whatever they want.
7. Everything I say or write can be use against me.

Updated : May 2018

HELPFUL NUMBERS!!!

(Haut St-Laurent area)



Provided by:
Pacte de rue inc.

To reach out
travailleur de rue
Tel.: 450-370-2420 ext. 2

NEED HELP?

Name Phone number

SEXUAL AGGRESSION & HARASMENT:

Residence Elle450-264-2999
(Women's shelter for victims of violence)

La Viegie450-371-4222
(sexual assault)

Via L'Anse450-370-3200

FOOD PANTRY:

Bouffe additionnelle
(Huntingdon).....450-264-2241

Un coin chez nous Community Center
(St-Chrysostome)450-826-4425

CLOTHES AND FURNITURE COUNTER:

Centre du Partage(Vlfd)450-373-1217

Friperie communautaire
Huntingdon.....450-264-4775

Centre de ressources familiales
(clothes for children).....450-264-4598

Un coin chez nous Community Center
(St-Chrysostome).....450-826-4425

TOXICOMANIA (drug abuse) :

Virage (french only)450-373-5934

Huntingdon Foster Pavillion
(Mon. to Tues.)450-264-6108 #1235

Al-anon450-371-2519

Drugs "Help & Referral"1-800-265-2626
(24 hours/7 days)

Name Phone number

SHELTER:

L'aiguillage450-218-6418

L'antichambre (12-17 years) ...450-373-9887

MHDV450-371-9617

Residence Elle.....450-264-2999

FAMILY & PARENTAL RELATION:

Centre de ressources
familiales.....450-264-4598

Une affaire de famille450-829-3782

Parent help line1-800-361-5085
(24 hours / 7 days)

I.T.M.A.V. (elders)438-871-3499

SEXUALITY:

Gay help Line1-888-505-1010

HEALTH:

Info-Santé + CLSC Huntingdon ..450-829-2321

Info-Santé + CLSC Chrysostome.450-826-3161

Huntingdon Medical Center450-264-6101

Ormstown Medical Center450-829-2331

Centre Hospitalier régional du Suroît
(Valleyfield)450-371-9920

Anna-Laberge Hospital450-699-2425

Barrie-Memorial Hospital.....450-829-2321

MENTAL HEALTH:

Anchor and Wings.....450-829-3491

PREGNANCY:

Grossesse secours.....1-514-271-0554
(collect call accepted)

Name Phone number

YOUTH:

Maison des jeunes de
Huntingdon/St-Chrysostome ..450-322-6140

LAWYER:

Legal aid450-370-3064

FINDING OUT ABOUT YOUR RIGHTS:

Human rights
Commission1-800-361-6477

ADDs (Huntingdon)450-264-6888

EMPLOYMENT:

Carrefour jeunesse emploi....450-264-5858

Haut Saint-Laurent.....450-264-5323 ou

Local employment center 1-800-567-0220

Vision travail.....450-371-9533

CRESO450-377-4889

Job offers.....1-800-463-2325

Labour standards1-800-265-1414

LEARNING:

Huntingdon learning
center450-264-5558

TRANSPORTATION:

S.A.B.E.C. (medical services)....450-264-1131

Taxibus450-264-2267

ALTERNATIVE MEASURES:

Justice alternative du Suroît...450-377-1333

CR Autre Rive (adults)450-373-7340